

Wellness in Action

Our mission is improve community wellbeing by providing a network of mental and behavioral health resources to people who live and work in Big Sky.



We're Here for You

WIA offers access to affordable mental health services for people who live and work in Big Sky. We are here to help.

"With this program, I am able to afford great quality mental health counseling consistently. Being able to prioritize care and afford it at the same time is something I am forever grateful for!"

-Counseling Client

Affordable Counseling Program

In-Person Care & Telehealth

Mental health counselors utilize different therapeutic techniques to address mental health needs. WIA offers sliding scale financial assistance for these services based on reported income. You may connect with counselors directly to schedule a counseling appointment.

Household Size	WIA pays 90% Client pays 10%	WIA pays 75% Client pays 25%	WIA pays 50% Client pays 50%	WIA pays 25% Client pays 75%
1	\$0 - \$15,059	\$15,060 - \$30,119	\$30,120 - \$45,179	\$45,180 - \$60,240
2	\$0 - \$20,439	\$20,440 - \$40,879	\$40,880 - 61,319	\$61,320 - \$81,760
3	\$0 - \$25,819	\$25,820 - \$51,639	\$51,640 - \$77,459	\$77,460 - \$103,280
4	\$0 - \$31,199	\$31,200 - \$62,399	\$62,400 - \$93,599	\$93,600 - \$124,800

*please visit our website for a chart that is inclusive of cost support for larger family sizes

Ski Patrol & First Responders

Ski patrol and First Responders can access licensed counselors at a reduced-cost. You are eligible if you are a member of Big Sky Resort Ski Patrol, Yellowstone Club Ski Patrol, Big Sky Search & Rescue, and other community response groups.

Group Support

Additional affordable opportunities for care are offered throughout the year. Prior groups have included a mindfulness group, grief group, and healthy boundaries.

Community Health Workers (CHWs)



Hope



Melissa

CHWs are here to help you access services to improve your health and wellbeing. There is no cost to meet with a CHW. They can help connect you with medical and mental health providers, financial assistance opportunities, social service programs, addiction and recovery supports, community connections, and more.

Questions? Reach out to our team!

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